

Unlocking the Power of ESC Volunteers: A Testimonial Journey

In recent years, European Solidarity Corps (ESC) volunteers have become invaluable assets to various organisations, contributing their time, energy, and skills to a wide range of initiatives. These organisations include Bonae Spei, FAJUB, Adolescere, and SYnergia, each of which has witnessed firsthand the significant impact that ESC volunteers can have. In this article, we will explore the experiences of these organisations and hear from them as they share their journey of collaboration with ESC volunteers and explain how these young changemakers are immensely beneficial to their causes.

Bonae Spei: Fostering Hope and Growth

Bonae Spei, a nonprofit organisation dedicated to promoting culture and sustainability to young people, has seen remarkable transformations through their collaboration with ESC volunteers. Diogo Maia, president of Bonae Spei, expressed, "The ESC volunteers bring a breath of fresh air to our organisation. Their energy, creativity, and commitment have been instrumental in creating new programs and bringing joy to our beneficiaries."

One of the key strengths of ESC volunteers is their adaptability. They are quick to learn and eager to take on various tasks, making them an ideal addition to any team. Bonae Spei has benefited from volunteers assisting in organising events, providing companionship to those in need, and even offering their technological skills to improve the organisation's online presence.

FAJUB: Strengthening Youth Empowerment

The Federation of Youth Associations of Braga District (FAJUB) is another organisation that has experienced the positive impact of ESC volunteers. As explained by Fernando Vieira, president of FAJUB, "Our partnership with ESC has been a game-changer for our youth journalism initiatives. These volunteers bring a fresh perspective, helping us stay current and relevant."

ESC volunteers often have a strong passion for social causes, and their involvement in projects related to journalism, media, and communication has been invaluable. They've contributed to content creation, conducted interviews, and engaged in outreach efforts, empowering FAJUB to expand its reach and impact.











Adolescere: Nurturing Growth and Development

Adolescere, an organisation dedicated to supporting children and youth at risk, recognizes the contributions of ESC volunteers in nurturing young minds. Carla Fernandes, a coordinator at Adolescere, emphasised, "Our organisation thrives on innovation and creativity, and ESC volunteers have been the catalyst for that. Their innovative ideas have revitalised our programs."

ESC volunteers often possess a wealth of talents, from art to sports, and they have been instrumental in organising workshops, mentoring young individuals, and implementing creative strategies for engaging adolescents. Their dedication to personal growth and development aligns perfectly with Adolescere's mission.

SYnergia: Creating Sustainable Change

SYnergia, an organisation committed to environmental sustainability, has witnessed the power of ESC volunteers in driving change. Ademar Correia, a SYnergia representative, shared, "Environmental issues require the commitment of every generation. ESC volunteers bring fresh enthusiasm and new perspectives to our projects, ensuring we are future-ready."

ESC volunteers often bring eco-consciousness and a desire to make a difference. They have actively participated in eco-friendly projects, raised awareness in local communities, and facilitated workshops on sustainable practices. Their efforts have had a lasting impact on SYnergia's mission to create a more sustainable future.

These testimonials from Bonae Spei, FAJUB, Adolescere, and SYnergia underscore the tremendous value of ESC volunteers to organisations across various sectors. Their enthusiasm, adaptability, and commitment have left an indelible mark on the causes they support. As the ESC program continues to grow and evolve, it's clear that these young volunteers play a crucial role in making a positive impact on communities, individuals, and the environment. Their dedication to solidarity, social change, and a brighter future is truly commendable.









This project has been flunded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. "And what NEXTP Tentre Professional Paths for Volunteers" project number: 2021-1-PT02-KA220-YOU-000028889